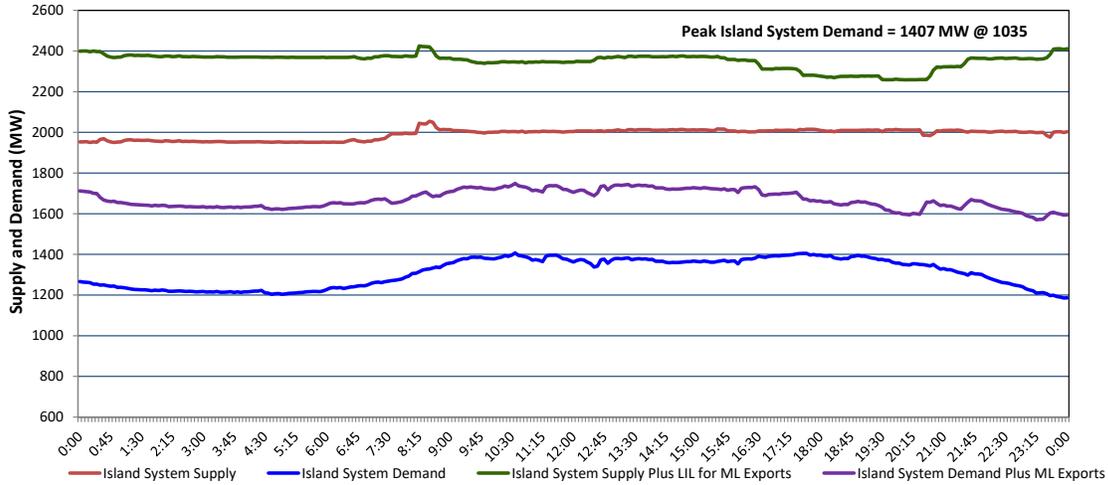


**Newfoundland Labrador Hydro (NLH)  
Supply and Demand Status Report Filed Monday, February 23, 2026**

**Section 1  
Island Interconnected System - Supply, Demand & Exports  
Actual 24 Hour System Performance For Sunday, February 22, 2026**



**Island Supply Notes For February 22, 2026**

- A As of 1425 hours, December 22, 2025, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- B As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- C As of 1701 hours, February 05, 2026, Holyrood Unit 1 available at 166 MW due to forced derating (170 MW).
- D As of 1853 hours, February 20, 2026, Holyrood Unit 2 available at 163 MW due to forced derating (170 MW).
- E **At 0814 hours, February 22, 2026, Holyrood Unit 3 available at full capacity (150 MW).**

**Section 2  
Island Interconnected System - Supply, Demand & Outlook**

Mon, Feb 23, 2026	Island System Outlook <sup>2</sup>	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast <sup>8</sup>	Adjusted <sup>6</sup>
Island System Supply: <sup>4</sup> NLH Island Generation: <sup>3,7</sup> NLH Island Power Purchases: <sup>5</sup> NP and CBPP Owned Generation: LIL/ML Net Imports to Island: <sup>9</sup>	<b>2,016 MW</b>	Monday, February 23, 2026	<b>1,320</b>	<b>1,225</b>
	1,670 MW	Tuesday, February 24, 2026	1,300	1,205
	100 MW	Wednesday, February 25, 2026	1,330	1,235
	225 MW	Thursday, February 26, 2026	1,335	1,240
	21 MW	Friday, February 27, 2026	1,305	1,210
		Saturday, February 28, 2026	1,235	1,141
		Sunday, March 1, 2026	1,250	1,156
7-Day Island Peak Demand Forecast:	<b>1,335 MW</b>			

**Island Supply Notes For February 23, 2026**

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
  2. As of 0800 Hours.
  3. Gross continuous unit output.
  4. Gross output from all Island sources (including Note 3).
  5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
  6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
  7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
  8. Does not include ML Exports.
  9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

**Section 3  
Island Peak Demand and Exports Information  
Previous Day Actual Peak and Current Day Forecast Peak**

Sun, Feb 22, 2026	Island Peak Demand <sup>10</sup>	10:35	1,407 MW
	Exports at Peak		342 MW
	LIL Net Imports to Island		657 MWh
Mon, Feb 23, 2026	Forecast Island Peak Demand		1,320 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).